

# First Apartment Essentials

*A simple checklist for setting up your first apartment*

Moving into your first apartment can feel exciting and overwhelming at the same time.

This checklist focuses on the practical essentials you need during your first week at home.

## Bedroom Essentials

- Mattress and bed frame
- Basic bedding (sheets, pillows, pillowcases, blanket)
- Laundry basket or hamper
- Clothes hangers
- Bedside tables and lamp

## Bathroom Essentials

- Bath towels
- Hand towel
- Toilet paper
- Shower curtain
- Basic cleaning supplies (including a plunger)

## Kitchen Essentials

- Frying pan with a lid
- Saucepan or pot with a lid
- Plates and bowls
- Drinking glasses
- Cutlery
- Cooking utensils
- Dishwashing liquid, sponge and tea towels
- Chopping board and sharp knife

## Kitchen Essentials

- Laundry basket and detergent
- Rubbish bins
- Basic tools (screwdriver, hammer)
- Extension cord and power board
- Cleaning cloths

### Want a more detailed setup guide?

If you'd like a more detailed room-by-room setup guide, the **First Home Essentials Checklist** includes expanded checklists to help you set up your home with confidence.

[View the First Home Essentials Checklist](#)

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*Simple tools to help you move and live independently with confidence*